

# St Barnabas CE Primary School Newsletter

02/05/2025



*'Let your light shine'*

## VE Day Celebrations

The 80<sup>th</sup> anniversary of VE Day is 8<sup>th</sup> May and in order to commemorate this momentous world event we had a wonderful picnic celebration this afternoon. Our children have also been learning a beautiful song called "I'll Remember," which has been written specially to mark this historic event and they have also created some beautiful artwork which is displayed outside church. Children have been learning about the impact of World War 2 on people in Britain and all over the world, the events of 8<sup>th</sup> May 1945 when the end of the war in Europe was declared and how people celebrated in 1945. We will also be remembering all those in the armed forces, civilians and the huge sacrifices made to enable us to live in peace in our special VE Day worship on **Thursday 8<sup>th</sup> May at 9:15** in St Barnabas Church – all families are invited to attend.

Have a lovely bank holiday weekend everyone.

*Miss Hodgkinson*



HERE ARE SOME OF THE WAYS OUR AMAZING CHILDREN HAVE **'LET THEIR LIGHT SHINE'** THIS WEEK IN SCHOOL...





### Attendance Matters

Attending school on time every day is the best way to ensure your children's future success. Children with good attendance achieve much better in school and go on to get better jobs than those with poor attendance. The government expects all children's attendance to be **at least 96%**.

| Class        | Attendance |
|--------------|------------|
| YR           | 94%        |
| Y1           | 91%        |
| Y2           | 100%       |
| Y3           | 100%       |
| Y4           | 99%        |
| Y5           | 99%        |
| Y6           | 99%        |
| Whole School | 97.4%      |

Wow, what an incredible week for Y2, Y3, Y4, Y5 AND Y6, all achieving 99 – 100%! Let's keep up this excellent attendance.

### Healthy Packed Lunches

If you do opt to send your child to school with a packed lunch, we do encourage to make healthy choices when preparing this:

A healthy packed lunch should consist of:

- Fruit and vegetables
- Unrefined starchy food - for example multigrain bread, pasta or rice
- Sources of protein - meat, fish, eggs, beans etc.
- Milk or other dairy foods - i.e., cheese
- A small amount of fat, sugar and salt
- Water, milk or juice



Please be aware that we are a nut free school. We have children at school who have very severe nut allergies and would require medical assistance if they came into contact with nuts. Therefore, please ensure that your child's packed lunch does not contain any nuts and check ingredients if you are not sure.



### Our Christian Value for this half term is:

*'Peace'*

*"Blessed are the peacemakers, for they will be called sons of God."*  
(Matthew 5:9)

This week we pray for all those past and present who have been members of the armed forces and the civilians who have made sacrifices to enable us to live in peace.

This week's big question is:  
*What does it mean to live a good life?*



**The Bread and Butter Thing** help people on low incomes to eat more healthily. They have mobile food clubs that provide nutritious meals to help people feed their families. They have a location – in partnership with WA5 Good Neighbours, at Sankey Bridges Community Centre.

Open: 1:30 – 2pm on Tuesdays

Tel: 07860 063304 <https://breadandbutterthing.org>



## EVERY BODY COUNTS

### SUPPORT FOR FAMILIES IN WARRINGTON

We provide help and advice for you and your family on...

**Mental wellbeing**

**Nutrition**

**Physical activity**

**Every Body Counts**

A free programme for children and young people aged 5-16 years\* (up to 25 years with special educational needs) and their families. Our programme will help family members make better informed lifestyle choices leading to positive health gains including physical activity, mental wellness and nutrition. Our approach is compassionate and inclusive where our families will feel supported, their needs understood and coached for long term behavioural change.

**BE THE CHANGE**  
#BeTheChange

@WWRFoundation
 wolvesfoundation
 warrington-wolves-community-foundation

T 01925 248894 E [community@warringtonwolvesfoundation.com](mailto:community@warringtonwolvesfoundation.com)  
[www.warringtonwolvesfoundation.com](http://www.warringtonwolvesfoundation.com)

## Fully Funded School Support Course

**Available in Levels 1, 2 & 3**

**6 Week Course Mon - Fri**  
**Daily sessions**  
 1st session 9:30 - 11:30am  
 2nd session 12:30 - 2pm

\*Please go to our website for more detailed information.

[www.studysmartuk.online](http://www.studysmartuk.online)



## Staying Safe Online

This week's free online safety guide focuses on combatting online bullying. Cyber-bullying makes its victims feel upset, uncomfortable and unsafe. Our guide highlights a number of tips such as playing online games with your child, talking about your child's online life and being prepared to listen without showing any judgement or criticism.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

OSCAR

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health – so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

## 1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

## 2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

## 3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

## 4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

## 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

## FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

**Childline:** talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)

**National Bullying Helpline:** counsellors are available on 0845 225 5787 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)

**The NSPCC:** the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0800 800 5000

## 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent "fighting their battles for them". In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

## 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

## 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

## 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

## 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



**NOS**  
National Online Safety®  
#WakeUpWednesday



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 09.11.2022



### **Places in St Barnabas Nursery Available**

We have places available in our nursery for 2,3- and 4-year-olds.

Please ask the school office for an application form or to make an appointment to look around.

We can also assist with 2-year-old and 30 hours funding applications.

### **Meet and Greet**

Don't forget, if you have any issues in the morning or at the end of the day, a member of staff will be outside for you! We have staff available every morning and afternoon at each entrance gate – we can help you with any issues you may have, no matter how small. Please come for a chat if you need to.

| Dates for your Diary   |   |
|--|---|
| Monday 5 <sup>th</sup> May                                     | Bank holiday: school closed   |
| Wednesday 7 <sup>th</sup> May                                  | Y2 trip to the Sky Garden   |
| Thursday 8 <sup>th</sup> May                                   | VE Day Service at St Barnabas Church – families invited   |
| Monday 12 <sup>th</sup> –<br>Thursday 15 <sup>th</sup> May     | KS2 SATs Week   |
| Monday 12 <sup>th</sup> – Friday<br>16 <sup>th</sup> May       | Christian Aid Week  |
| Monday 19 <sup>th</sup> –<br>Tuesday 20 <sup>th</sup> May      | Y6 residential to Forest Camp   |
| Friday 23 <sup>rd</sup> May                                    | School Closes for Whit Break  |
| Monday 9 <sup>th</sup> June                                    | School re-opens   |
| Friday 13 <sup>th</sup> June                                   | Whole school trip to Children's Adventure Farm Trust for a Summer Festival                      |
| Friday 27 <sup>th</sup> June                                   | Warrington Walking Day – school closed  |
| Monday 30 <sup>th</sup> June –<br>Friday 11 <sup>th</sup> July | Health and Lifestyle Fortnight  |
| Tuesday 1 <sup>st</sup> July                                   | Sports Day  |
| Wednesday 2 <sup>nd</sup> July                                 | Moving Up Day – all classes   |
| Wednesday 2 <sup>nd</sup> &<br>Thursday 3 <sup>rd</sup> July   | Y6 transition days (Y6 children visiting the high school they will be attending from September) |
| Friday 4 <sup>th</sup> July                                    | 8:45am Parent Coffee Morning  |
| Friday 4 <sup>th</sup> July                                    | 1:30pm – 3pm Summer Fair  |
| Wednesday 9 <sup>th</sup> July                                 | 6pm Y6 Leavers' Party   |
| Wednesday 16 <sup>th</sup> July                                | 2pm Y6 Leavers' Service   |
| Friday 18 <sup>th</sup> July                                   | Summer Fun Day  |